



**Welcome to Nashville!** Music City is growing faster than ever, with more restaurants, shops, music venues and all-things-entertainment popping up daily. With all this newness, putting together a trip itinerary can be a little intimidating, so guess what! We did it for you.

We spent two months picking and choosing from our staff favorites to put together a well-rounded guide to 48 hours in Nashville. Whether you follow it end-to-end, or just use it to pick a brunch spot, we hope it helps you experience our beautiful city and make memories that long outlive 48 hours.

**Enjoy!**

## **Day 1**

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### **Breakfast:**

A recent semifinalist of a James Beard Award, **D'Andrews Bakery and Cafe** is one of the best– if not the best– in Tennessee. You can't go wrong with any of their menu items, but we recommend the pecan cinnamon bun, or, for those wanting something savory, their bacon sandwich. What do we love most about this bakery? It's just a 1 minute walk down and across the street from 506 Lofts.

**Address:** D'Andrews: 555 Church St, Nashville, TN 37219



**Wander Nashville:**

If you haven't booked a walking or bike tour with **Wander Nashville** yet, make sure to do so now! Weekends tend to fill up pretty quickly, so booking in advance is a must. Walking tours start at 10am at 138 2nd Ave N, which is about a 10 minute walk from D'Andrews. Bike tours start at 10am, 12am, and 2pm at 144 5th Ave N, which is about a 3 minute walk from D'Andrews. Missed your window? No worries! There's no shortage of things to do in the area.

**Address:** Wander: 100 1st Ave S, Nashville, TN 37201

### **Broadway/Downtown:**

If you're not going on a Wander Nashville tour but still want to see some **Music City highlights**, walk 5 minutes down 5th Ave and make your way to **The Ryman**! Whether you're taking a self-guided tour or taking a photo in front of the iconic colored windows, this is one to check off your list. If you came to Nashville for the honky tonks (or, if you're just curious!), you're very close to Broadway and can take this as an opportunity to check out the strip without the massive crowds (though, it will still be crowded so, if you have a bag, keep it close)!



Whether you're a country music fan or not, we highly recommend making time for the **Johnny Cash Museum**, and/or the **Patsy Cline Museum**, which is right upstairs. Both museums are well-curated with a very selective collection, so your visit is never overwhelming.

Still have some time to explore? We recommend a stroll through **Printer's Alley**—famous for being a nightclub hotspot dating back to the 1940s— or a visit to the Country Music Hall of Fame.

### **Addresses:**

*The Ryman:* 116 5th Ave N, Nashville, TN 37219

*Johnny Cash/Patsy Cline Museum:* 119 3rd Ave S, Nashville, TN 37201

*Country Music Hall of Fame:* 222 Rep. John Lewis Way S, Nashville, TN 37203

### **Lunch:**

For lunch, we're heading to East Nashville! **Kisser** is our top choice if you're dining Friday through Monday (it's closed Tuesday - Thursday). This Japanese teahouse opened in 2023 and is owned by a husband and wife who have been involved in some of Nashville's most iconic dining experiences, and has already received recognition in The New York Times and Condé Nast Traveler. We recommend the katsu chicken sandwich or beef tataki udon. If you have room for dessert, the miso crème brûlée is phenomenal.

Can't get in at Kisser? No problem. **Hearts** is a 5 minute drive around the corner and has some of the best food in East. We recommend the eggs benny or the burger! If you like capers, you'll love the smoked salmon toast.

### **Addresses:**

Kisser: 747 Douglas Ave, Nashville, TN 37207

Hearts: 914 Gallatin Ave, Nashville, TN 37206



### **Fatherland District:**

After a full morning, we're headed to the **Fatherland District** for some shopping. This outdoor strip features shops unique to East Nashville. From home goods to luxury pet supplies, this district has something for everyone! Now is your chance to pick up some Nashville souvenirs.

**Address:** Fatherland: Fatherland St, Nashville, TN 37206

### **Dinner:**

There are so many amazing dinner options to choose from, so we narrowed it down to two that offer the best of both worlds.



**Lockeland Table** is our first pick for a fine dining experience. This farm to table restaurant has made quite a name for itself in the East Nashville neighborhood and is beloved by locals and visitors alike. It's fancy as in nice, but not fancy as in stuffy. In other words, you can wear what you're already wearing and you won't feel out of place. We recommend the pork chop or the spinach fettuccine. To drink, we love their I've Got a Theory and I'll Never Tell cocktails. For dessert, the banana foster pudding is one of the best desserts we've ever had, hands down.

For something more casual, we wholeheartedly recommend **Redheaded Stranger**. While Nashville has quite a few tex-mex restaurants, Redheaded Stranger is by far the best, and one of the best casual dining experiences of any genre. We recommend any of the crunchwraps, though our favorite is the veggie because their guacamole is incredible. You can also never go wrong with a Redheaded Stranger marg to top it all off!

**Addresses:**

*Lockeland Table:* 1520 Woodland St, Nashville, TN 37206

*Redheaded Stranger:* 305 Arrington St, Nashville, TN 37207



## Day 2

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## Breakfast/Brunch:

Brunch at **Urban Grub** is an event in and of itself. This 12 South restaurant has a traditional menu as well as a buffet on weekends, which we recommend if you like variation when you brunch. The line can get very long very quickly, so we highly



recommend making a reservation in advance. Just note that they're only open for brunch Saturday and Sundays after 11am. Otherwise, they open at 4pm Tuesday-Friday. But have no fear! We have options.

**Frothy Monkey** is a 1 minute walk down and across the street from Urban Grub and has a more relaxed atmosphere. We recommend the Farm Breakfast if you're feeling savory and the French Toast if you're feeling sweet. Frothy Monkey opens at 7am every day, so it's a great option for anyone trying to get an early start.

## Addresses:

*Urban Grub:* 2506 12th Ave S, Nashville, TN 37204

*Frothy Monkey:* 2509 12th Ave S, Nashville, TN 37204



## 12 South:

12 South has become a hot spot for shopping and window shopping alike, and is a fun street to wander up and down. Check out custom denim at **Imogene + Willie**, pop into Reese Witherspoon's **Draper James**, and don't forget to get a pic at the I Believe in Nashville mural!

## Addresses:

*Imogene + Willie:* 2601 12th Ave S, Nashville, TN 37204

*Draper James: 2608 12th Ave S, Nashville, TN 37204*



### **Centennial Park:**

Located across the street from Vanderbilt's campus, **Centennial Park** is one of Nashville's most recognizable landmarks because of the Parthenon built in 1897 for the Tennessee Centennial Exhibition. This Parthenon is a full-scale replica of the historic temple in Greece, even featuring a re-creation of Athena Parthenos inside, and was born out of Nashville's nickname, "the Athens of the South."

**Address:** Centennial Park: 2500 West End Ave, Nashville, TN 37203

### **Lunch:**

We're headed back to 12 South for some authentic Nashville BBQ! **Edley's** is a Nashville staple, and it's nearly impossible to recommend just one thing off the menu. Anything BBQ is a safe bet, but you'd be remiss not to try a brisket option. Hint: if the line at Edley's is too long, Martin's is close by and is just as beloved and just as delish. Please note, neither spot is very vegetarian-friendly, but both typically have some awesome veg-friendly sides.



**Address:** Edley's: 2706 12th Ave S, Nashville, TN 37204

### **Arrington Vineyards:**

What better way to close out your second evening than by watching the sunset at a gorgeous vineyard? Enter **Arrington**. This gorgeous vineyard is located just outside



of Franklin, and is a favorite spot among Nashville locals wanting to get some countryside air and a good glass (or bottle) of wine. Before heading that way, we recommend swinging by a grocery store or deli to get some snacks. Arrington does have a great shop with crackers, cheeses, and other wine-pairing staples, but prices can be pretty inflated, and we suggest saving your dollars for wine. The vineyard does allow outside food and

non-alcoholic beverages, but all alcoholic beverages must be purchased on-site. Their selection of wine changes seasonally, but we love their Stag's White year-round for a refreshing, crisp sip. If you like– or at least don't dislike– sweeter drinks, their frosé is only available during the summer, and is a must-try!

Did we mention they have **live music every weekend in the spring/summer?** Sounds like the perfect evening to us.

\*Please note that on days with great weather, the vineyard often reaches capacity in the late afternoon/early evening. Always check their Instagram to see if they've reached capacity before heading over there, because they will turn you away. We learned this the hard way. If at capacity, check back periodically as they will let you know when enough people have left and they're accepting more visitors.

**Address:** Arrington Vineyards: 6211 Patton Rd, Arrington, TN 37014

**BONUS:**



## Day 3

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Sticking around Nashville the next morning? Store your luggage in a locker and use this opportunity to check out one last Nashville staple! **The Pancake Pantry** is about a 10 to 15 minute walk from 506 Lofts and is considered a rite of passage in Nashville. There is almost always a line so be ready for a bit of a wait, but we've found the line typically moves quickly and you're usually waiting no longer than 20 minutes.

**Address:** The Pancake Pantry: 220 Molloy St, Nashville, TN 37201

